

# Bemidji Area Diabetes and Wellness Coordinators' Conference 2010

Tuesday, September 21, 2010 – Thursday, September 23, 2010

Holiday Inn Select- Minneapolis Airport, 3 Appletree Square Bloomington, MN 55425

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**Great Lakes  
Inter-Tribal  
Epidemiology  
Center**

The structure of this year's conference is different from previous years. As noted in the following agenda, the first day of the conference is divided into two separate tracks. The two tracks will run simultaneously and participants will have the option of attending either track at any given time. However, the tracks are designed to be most beneficial for participants who stay with one track throughout the day.

**Day 1: Tuesday, September 21, 2010**

**Track 1**

**Track 2**

**8:00-9:00**

Registration and Breakfast

**8:00-9:00**

Registration and Breakfast

**9:00-10:00**

**New DM Coordinators' Orientation**

- Best Practices
- Special Diabetes Program for Indians
- Annual Diabetes Audit

**9:00-10:30**

**Wellness Café**

**10:00-10:30**

**Diabetes 101**

**10:30-10:45**

Break

**10:45-12:00**

**Diabetes 101 (Continued)**

**10:45-12:00**

**Creating Health at the Community Level**

- Tools, Practice, Theory

**12:00-1:00**

Lunch (Welcome and Introductions)

**1:00-2:00**

**Hot Topics in Diabetes Care**

**1:00-1:30**

**National HPDP Exceptional Performance**

- Tina Jacobson, RD, CD, Oneida

**1:30-2:00**

**Healthy Native Communities Fellowship Fellows**

- Chicago, Oneida

**2:00-2:30**

**Grant Updates**

**2:00-3:00**

**Building Indigenous Foods Coalitions**

- Cass Lake
- Nottawaseppi Huron Band of Potawatomi

**2:30-3:00**

**Funding Sources**

**3:00-3:15**

Break

**3:15-4:30**

**Health Promotion Disease Prevention**

- OSCAR
- PAK- White Earth
- Digital Story Telling
- Art of Hosting

**Day 2: Wednesday, September 22, 2010**

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|--------------------|---|
| <b>7:30-8:30</b>   | Registration and Breakfast  |
| <b>8:30-10:30</b>  | <b>Diabetes Educator Workshop: Youth Staying Healthy Curricula- Teaching Strategies and More</b>            |
| <b>10:30-10:45</b> | Break   |
| <b>10:45-12:00</b> | <b>Diabetes Educator Workshop: Youth Staying Healthy Curricula- Goal Setting, Behavior Change, and More</b> |
| <b>12:00-1:00</b>  | Lunch   |
| <b>1:00-2:00</b>   | <b>Medications for Diabetes Care</b>  |
| <b>2:00-3:00</b>   | <b>Improved Patient Care: Lessons Learned</b>   |
| <b>3:00-3:15</b>   | Break   |
| <b>3:15-4:30</b>   | <b>Group Sharing</b>  |

**Day 3: Thursday, September 23, 2010**

**7:30-8:30** Registration and Breakfast

**8:30-10:30** **Mental Health and Chronic Diseases**

**10:30-10:45** Break

**10:45-12:00** **Breakout Session 1**

1. **Wellness Portal (Computer Based)**
2. **Tobacco Cessation**
3. **Mental Health and Diabetes- How to Work With Your Patients**

**12:00-1:00** Lunch

**1:00-2:30** **Breakout Session 2**

1. **Visual Diabetes Package (Computer Based)**
2. **PAK**
3. **Foot Care**

**2:30-2:45** Break

**2:45-4:00** **Breakout Session 3**

1. **iCare (Computer Based)**
2. **Wellness Coaching**
3. **Grant Writing**

**4:00-4:30** **Closing Remarks**