

Bringing Home Baby

Breastfeeding In The First Few Weeks

What To Expect From Our Time Together

- Day 1 – In The Hospital
 - Your milk supply: what to expect
 - How often will your baby want to nurse?
 - Common challenges and solutions
- Day 2 – Baby’s First Day Home
 - Your milk supply: what to expect
 - How often will your baby want to nurse?
 - Common challenges and solutions
- Days 3-5
 - Your milk supply: what to expect
 - How often will your baby want to nurse?
 - Common challenges and solutions
- Days 6 - 14
 - Your milk supply: what to expect
 - How often will your baby want to nurse?
 - Common challenges and solutions

Breastfeeding In The First Few Weeks



Day 1



- Hi mom. I am so ready to meet you!

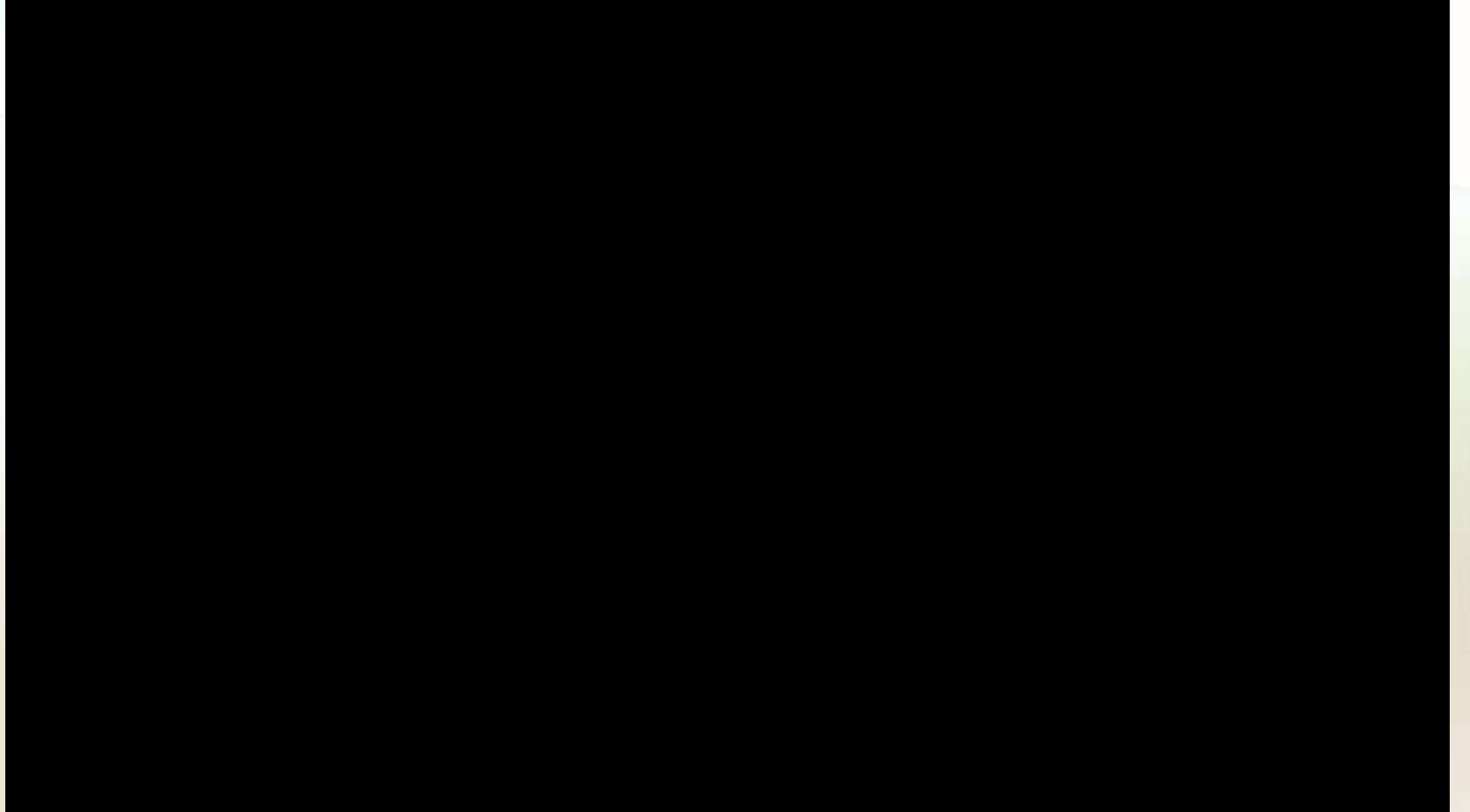
Day 1



- I love being close to you mom!

Day 1: Baby Led Latching

- Relax! Your baby's got this!



Video credit: themilkmeg.com

Day 2



- I'm home!

Day 2

- I'm home!



Days 3-5



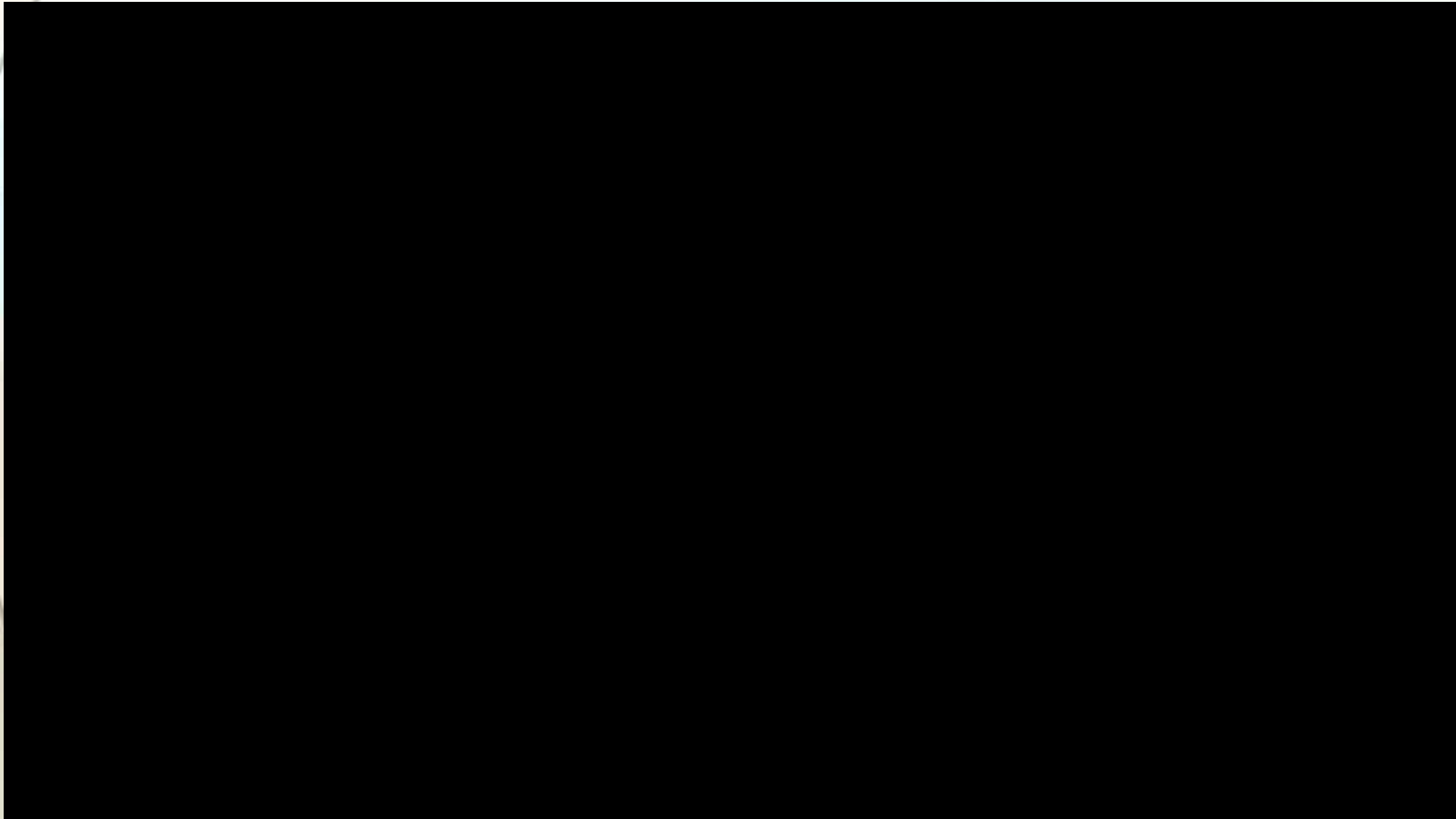
- Your milk is all I need to grow and be healthy.

Days 3-5

- Your milk is all I need to grow and be healthy.



Engorgement



- Hand expressing is easy. You have everything you need to do it!

Video credit: Global Health Media

Days 6-14



Days 6-14



Days 6-14



Days 6-14: Is This Normal?

Questions?



We're here to help!

- What's the best way to make breastfeeding a success for you and your baby? Ask for help!
- We are here for you ANYTIME! No matter how big or how small, you can contact us anytime. No question or concern is silly, call us!
- Insert information for local program and personnel here.

Thank you for your time!

- Brought to you by GLITC, Breastfeeding The Traditional Way and WK Kellogg Foundation

