

## **SEAN A. BEAR 1<sup>st</sup> , BA**

Co-Director at the National American Indian and Alaska Native Addiction Technology Transfer Center, Iowa College of Public Health

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Sean A. Bear earned his B.A. from Buena Vista University in 2002, majoring in psychology/human services. He also studied mental health counseling at Drake University for 2 years. He is a member of the Meskwaki Tribe, in Tama, Iowa, and has worked with Native Americans with Substance Use disorders for many years. He is an Army Veteran of 9 years, honorary discharged from the 82<sup>nd</sup> Airborne. He has worked as an Administrator/Counselor in EAP, a counselor in adolescent behavioral programs, substance abuse, and in-home family therapy. He has experience in building holistic, Native American based curriculum, and implementation with substance abuse clientele. He was the training coordinator for the National AI/AN ATTC from 2013-present, where he currently serves as co-director.

His passion is to assist people in overcoming their substance use issues as well as other issues, and to return to the spiritual ways of their ancestors. It is his hope that one day, people of all nations will co-exist and live in peace and harmony, not just with each other, but within themselves, as well as to come to the realization of what our ancestors of long ago already knew, “that we are all brothers and sisters under one Creator.” His passion is the life-long education of Spirituality, particularly in Native American Spirituality.



## **Kathyleen M. Tomlin PhD, LPC, LMHC, CADC III**

Since 1974, Dr. Tomlin has been in the addictions and mental health treatment and prevention field as a counselor, administrator, educator, and consultant. Now in semi-retirement, Dr. Tomlin is committed to sharing her experiences and knowledge within Native American/Alaska (NA/AI) communities. Her career has focused on the development of supervision and training practices to support the professional development of evidenced based practices. One of those best practices is the teaching, and supervision of Motivational Interviewing.

She is a member of the Cheyenne River Sioux Tribe, where her mother was raised. On her father's side, she is Irish American from county Mayo in Ireland. Her family has many roots in the NW, with relatives from the southern Willamette Valley to Seattle.

