

## Yellowhawk Presenter Information

Shayne Arndt, MBA, CADC III, CPS, Yellowhawk Chemical Dependency Clinical Manager

Fabian Spencer, STH Supervisor

Glavis Wagner, CRM

Presentation Title: Yellowhawk's Vision for Culturally-Grounded Behavioral Health Services

### Brief Description:

Yellowhawk Tribal Health Center (Yellowhawk) has developed culturally-grounded Behavioral Health Services ranging from Culture is Prevention to K'usiinmí Tawtnúkt Horse Medicine in Outpatient Treatment, and Pinánaykúkt "Gathering Oneself Together" Program/ Sober Transitional Housing (STH). Shayne Arndt will discuss program vision and development, Fabian Spencer will discuss Horse Medicine and STH operations, and Glavis Wagner will discuss peer-delivered services.

### BIO: Shayne

Shayne Arndt has a passion for addictions and suicide intervention and began working full time in SUD outpatient treatment at Community Counseling Solutions in 2011. He earned an MBA with a concentration in Health Care Management in 2012 and became a Certified Alcohol & Drug Counselor III (CADC III) in 2015. Shayne subcontracted for Umatilla Public Health Department in the School Based Health Center at Pendleton High School, was the Director of the Student Health & Wellness Resource Center and Assistant Softball Coach at Blue Mountain Community College. He has been the Yellowhawk Chemical Dependency Clinical Manager from January 2019 to present where he became a Certified Prevention Specialist (CPS) in 2021.

"I believe in a person-centered and strength-based approach to treatment and my goal is to increase capacity for SUD treatment nationwide."



BIO:

Fabian Spencer, THW

Yellowhawk STH Supervisor and Interim Native Connections Project Director

Fabian Spencer is a member of the Confederated Tribes of the Umatilla Indian Reservation. Is an avid book reader, loves spending movie time with her family, and enjoys doing basket weaving. She obtained a Bachelors degree in Business Administration, with a minor in History, from Eastern Oregon University.

Somewhat new to the Behavioral Health field and began in 2020 with the department as the Native Connections Project Director. With Native Connections, she implemented the K'usinmii Tawtnukt "Horse Medicine" program in summer 2021. Fabian, and 4 other staff, have completed training with Becoming One with the Spirit of the Horse and provide culturally specific equine therapy style services to clients of Yellowhawk Tribal Health Center. In the beginning of 2022, Fabian accepted a new role as the Sober Transitional House Supervisor. Has a passion for K'usunmii Tawtnukt and has remained on as the interim Native Connections Project Director.

"You know, sometimes I amaze even myself." ~ Han Solo



Glavis Wagner, CRM, THW

Yellowhawk Tribal Health Center Chemical Dependency

Sobriety birthday; 10/12/2009

Glavis Wagner enrolled member of the CTUIR( Confederated Tribes of the Umatilla Indian Reservation) located in Pendleton, OR. Adopted at birth, Glavis grew up in Kansas City, KS and returned home to Pendleton in 1995. Glavis drove a truck over the road for 20+ years and have drove a transit bus for Kayak Public Transit on the CTUIR. Glavis' addiction(s) lead him down a very dark path that resulted in his incarceration. Released in 2013 after forty months, Glavis chose to turn his life around.

Today Glavis supports others that struggle with addiction by helping them with: Attending sobriety meetings/activities, navigating the criminal justice system, advocating for them in court/probation compliance, obtaining ID( social security cards, state ID, tribal ID.) , getting into treatment/detox, locate housing, transportation to appointments and other resources in the community that will help them on their road to a better life if they so choose.

Recovery is a journey, not a destination

Glavis

