



Briana is an enrolled member of the Mille Lacs Band of Ojibwe and works for the University of Minnesota Extension as a Tribal Community Facilitator. She is a part of the American Indian Resource and Resiliency Team which focuses on the opioid crisis by increasing the capital recovery in Tribal communities. Her work helps people from all backgrounds understand the root causes of historical and intergenerational trauma and the correlation to the many challenges we face today. Briana has lived experience through her life and has facilitated many presentations, webinars, and workshops on; trauma, lateral oppression, history, connection, and spirituality just to name a few. She wholeheartedly believes that to heal ourselves moving forward, we must understand the past. She is an advocate for mental health and is passionate about understanding trauma, psychedelics and plant medicines for healing, and overall wellness for the mind, body, and spirit. Outside of her full-time work, she is the boxing chairwoman for the Mille Lacs Band Department of Athletic Regulation, she stays busy traveling, and loving her two cats.